



FALL Back to Fitness...
Fall back to YOU!

WEIGHT LOSS PROGRAM

Includes:

Resting Metabolic Rate Testing Nutritional
Guidance & Weekly Counseling Sessions
Personal Training Sessions
Full Use of Facilities and
Individualized Exercise Program

Fall into Results!!

Sign up NOW & get
2 FREE Personal Training sessions!

Offer expires November 30th, 2017

***NEW MEMBERS ONLY!**

Email: fitness@peakptfit.com for details

225 Merrick Rd - Lynbrook
516.599.8734

1730 Lakeville Rd. - New Hyde Park
516.326.4580

www.peakptfitness.com

