

WAKE UP YOUR **WORKOUT ROUTINE** LOSE WEIGHT *&* KEEP IT OFF *permanently!*



SUCCEED with MORE TRAINING & SUPPORT
to reach every one of your GOALS!

WEIGHT LOSS PROGRAM

PROGRAM INCLUDES:

- Resting Metabolic Rate testing
- State of art InBody scan
- Nutritional guidance & weekly counseling sessions
- 20 Personal Training Sessions
- Full Use of Facilities and
- Individualized Exercise Program

PROVEN RESULTS

Email: fitness@peakptfitness.com for details

OFFER EXPIRES 3/30/2024



MARCH SPECIAL

SIGN UP
BY MARCH 30TH
& GET

2 free

SESSIONS ADDED
TO YOUR PROGRAM
*NEW MEMBERS ONLY