

# FALL INTO FITNESS

## NEW QUICK START WEIGHT LOSS PROGRAM

### PROGRAM INCLUDES:

- Resting Metabolic Rate testing
- Nutritional guidance & weekly counseling sessions
- Personal training sessions
- Full use of facilities and Individualized exercise program

## GUARANTEED RESULTS!

**ONLY \$427!**

Offer expires November 30<sup>TH</sup>, 2021

\*New members only

Email: [fitness@peakptfitness.com](mailto:fitness@peakptfitness.com) for details

225 Merrick Rd. Lynbrook | 516.599.8734 | [peakptfitness.com](http://peakptfitness.com)

BRING IN **5 CANS** OF  
NON-PERISHABLE FOOD  
& GET **2 FREE** PERSONAL  
TRAINING SESSIONS  
ADDED TO YOUR PROGRAM

