

*Fresh New Year means a Fresh, New, Quick, Start!*

## **NEW QUICK START WEIGHT LOSS PROGRAM**

### **PROGRAM INCLUDES:**

Resting Metabolic Rate testing

Nutritional guidance & weekly counseling sessions

Personal training sessions

Full use of facilities and Individualized exercise program

## **GUARANTEED RESULTS!**

### **ONLY \$427!**

Offer expires January 31st, 2022

*\*New members only*

Email: [fitness@peakptfitness.com](mailto:fitness@peakptfitness.com) for details

225 Merrick Rd. Lynbrook | 516.599.8734 | [peakptfitness.com](http://peakptfitness.com)

**SIGN UP BEFORE**

**1/21/22**

**AND GET**

**2 FREE SESSIONS**

**ADDED TO THE PROGRAM!**