

Upcoming Holiday Season Stressing You Out?

THE QUICK START WEIGHT LOSS PROGRAM

YOUR PROGRAM INCLUDES:

Resting metabolic rate testing

Nutritional guidance & weekly counseling sessions

Personal training sessions

Full use of facilities and individualized exercise program

State of Art InBody Scan

Guaranteed Results!!

*NEW MEMBERS ONLY

OFFER EXPIRES NOVEMBER 30TH, 2023

EMAIL: FITNESS@PEAKPTFITNESS.COM FOR DETAILS



Sign up before

NOVEMBER 30TH

and receive

2 free

PERSONAL TRAINING SESSIONS

added to your program