

Love yourself this Valentine's day

5 WEEK GUARANTEED WEIGHT LOSS PROGRAM

INCLUDES:

Resting Metabolic rate testing

Nutritional guidance & weekly counseling sessions

Personal training Sessions

Full Use of Facilities and

Individualized exercise program

GUARANTEED RESULTS!

Sign up NOW & get
2 FREE personal training sessions

*New Members Only

OFFER EXPIRES 2/28/2021

**GIVE THE
GIFT OF
SELF CARE**

**LOVE
YOURSELF**

**ONLY
\$397**

**CALL
NOW**