



New Seasons, New Beginnings, New YOU!

Guaranteed Weight Loss Program

5 Week Intro to Weight Loss Program

Includes:

- Resting Metabolic Rate Testing
- Nutritional Guidance & Weekly Counseling Sessions
- 5 Personal Training Sessions
- 5 Weeks Full Use of Facilities and Individualized Exercise Program

GUARANTEED RESULTS !
Only \$359

Sign up before **April 30th** & get a **FREE** Personal Training Session added to your program!

email: fitness@peakptfit.com for details

PEAK
PERFORMANCE
FITNESS

***NEW MEMBERS ONLY!**

Offer expires April 30th, 2018

225 Merrick Road - Lynbrook
516.599.8734

1730 Lakeville Rd. - New Hyde Park
516.326.4580

peakptfitness.com

