

SPRING

INTO A NEW BEGINNING & NEW YOU WITH PEAK PERFORMANCE FITNESS

NEW QUICK START WEIGHT LOSS PROGRAM

PROGRAM
INCLUDES

CUTTING EDGE InBody SCAN

RESTING METABOLIC RATE TESTING

NUTRITIONAL GUIDANCE & WEEKLY COUNSELING SESSIONS

PERSONAL TRAINING SESSIONS

FULL USE OF FACILITIES AND INDIVIDUALIZED EXERCISE PROGRAM

GUARANTEED RESULTS!

Offer expires May 31st, 2023

NEW MEMBERS ONLY

Email: fitness@peakptfitness.com for details

225 Merrick Rd. Lynbrook

516-548-7443

peakptfitness.com

SIGN UP
BEFORE MAY 31ST
& GET

2 free

PERSONAL TRAINING SESSIONS
ADDED TO YOUR PROGRAM!