

# THIS YEAR **RESOLVE TO SUCCEED** LOSE WEIGHT & KEEP IT OFF *permanently!*

We've reconstructed on the most SUCCESSFUL program with  
MORE TRAINING & SUPPORT to reach every one of your GOALS!

## GUARANTEED WEIGHT LOSS PROGRAM

PROGRAM INCLUDES:

- Resting Metabolic Rate testing
- State of art InBody scan
- Nutritional guidance & weekly counseling sessions
- 20 Personal Training Sessions
- Full Use of Facilities and
- Individualized Exercise Program

**GUARANTEED RESULTS!**

OFFER EXPIRES 01/31/2023

Email: [fitness@peakptfitness.com](mailto:fitness@peakptfitness.com) for details

SIGN UP  
BY JANUARY 31ST  
TO RECEIVE

**2 free**

PERSONAL TRAINING SESSIONS  
ADDED TO YOUR PROGRAM

\*NEW MEMBERS ONLY