

Time to get a little spring in your step...

NEW QUICK START WEIGHT LOSS PROGRAM

PROGRAM INCLUDES:

Resting Metabolic Rate testing

Nutritional guidance & weekly counseling sessions

Personal training sessions

Full use of facilities and individualized exercise program

GUARANTEED RESULTS!

Offer expires May 31st, 2022

***NEW MEMBERS ONLY**

Email: fitness@peakptfitness.com for details

SIGN UP
before May 31st & get
TWO FREE
PERSONAL TRAINING SESSIONS
added to your program!